Factsheet No. 4: Anti-Retroviral Therapy (ART) Services in Nepal

HIV Treatment and Care (Anti-Retroviral Therapy - ART) Sites:

1) Sukra Raj Tropical and Infectious Disease Control Hospital, Teku, Kathmandu
2) Bheri Zonal Hospital, Nepalgunj
3) Sparsha Nepal, Sanepa, Kathmandu
4) Tribhuvan University Teaching Hospital, Kathmandu
5) BP Koirala Institute of Health Sciences (BPKIHS), Dharan
6) Western Regional Hospital, Pokhara
7) Narayani Sub-Regional Hospital, Birgunj
8) Mahakali Zonal Hospital, Mahendranagar
9) Seti Zonal Hospital, Dhangadi
10) Doti District Hospital, Doti
11) Lumbini Zonal Hospital, Butwal
12) Achham District Hospital, Achham
13) Baglung District Hospital, Baglung
14) Koshi Zonal Hospital, Biratnagar
15) Bharatpur Hospital, Chitwan
16) Mechi Zonal Hospital, Jhapa
17) Kanti Children’s Hospital, Maharajgunj, Kathmandu
18) Janakpur Zonal Hospital, Janakpur
19) Palpa District Hospital, Tansen
20) Mid-west Regional Hospital, Surkhet
21) Rapti Sub-Regional Hospital, Dang
22) Sagarmatha Zonal Hospital, Rajbiraj
23) Maiti Nepal, Kathmandu


Facts and Figures on ART in Nepal:

- Anti-retroviral treatment started in Nepal in February 2004 from Teku Hospital.
- Government is providing free of cost ART service for all those in need.
- There is a National ART Guidelines and SOP for the clinical management of ART in Nepal.
- Maiti Nepal and Sparsha Nepal are the only NGO sites providing ART.
- CD 4 counts service is available at 13 sites, while 4 sites have CD 4 Calibre.

Some facts on ART in Nepal:

- Total ART need, by 2008: 17,000
- Total ART coverage: 21%
- Total ever enrolled in HIV care: 13,005
- Total ever started on ART: 5,161
- Total on ART: 3,423
- Total deaths: 450
- Total loss-to-follow-up: 198
- Total stopped treatment: 23
- Total on switched on the 2nd line regimen: 17

Source: NCASC, 2009. (As of 15 Nov 2009)

Figure 1: Cumulative Number of Patients Receiving ART in Nepal (16 October 09)

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